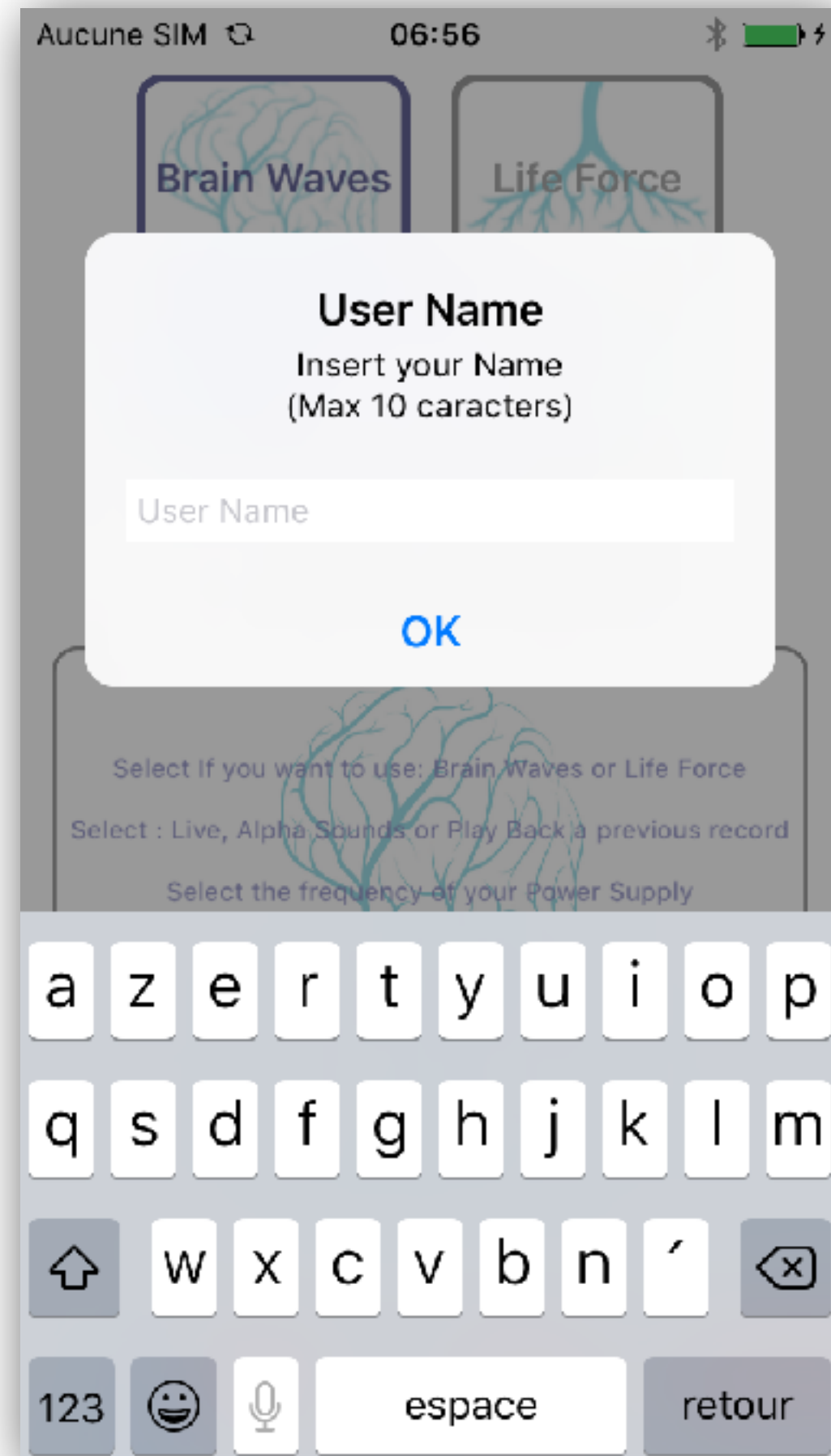
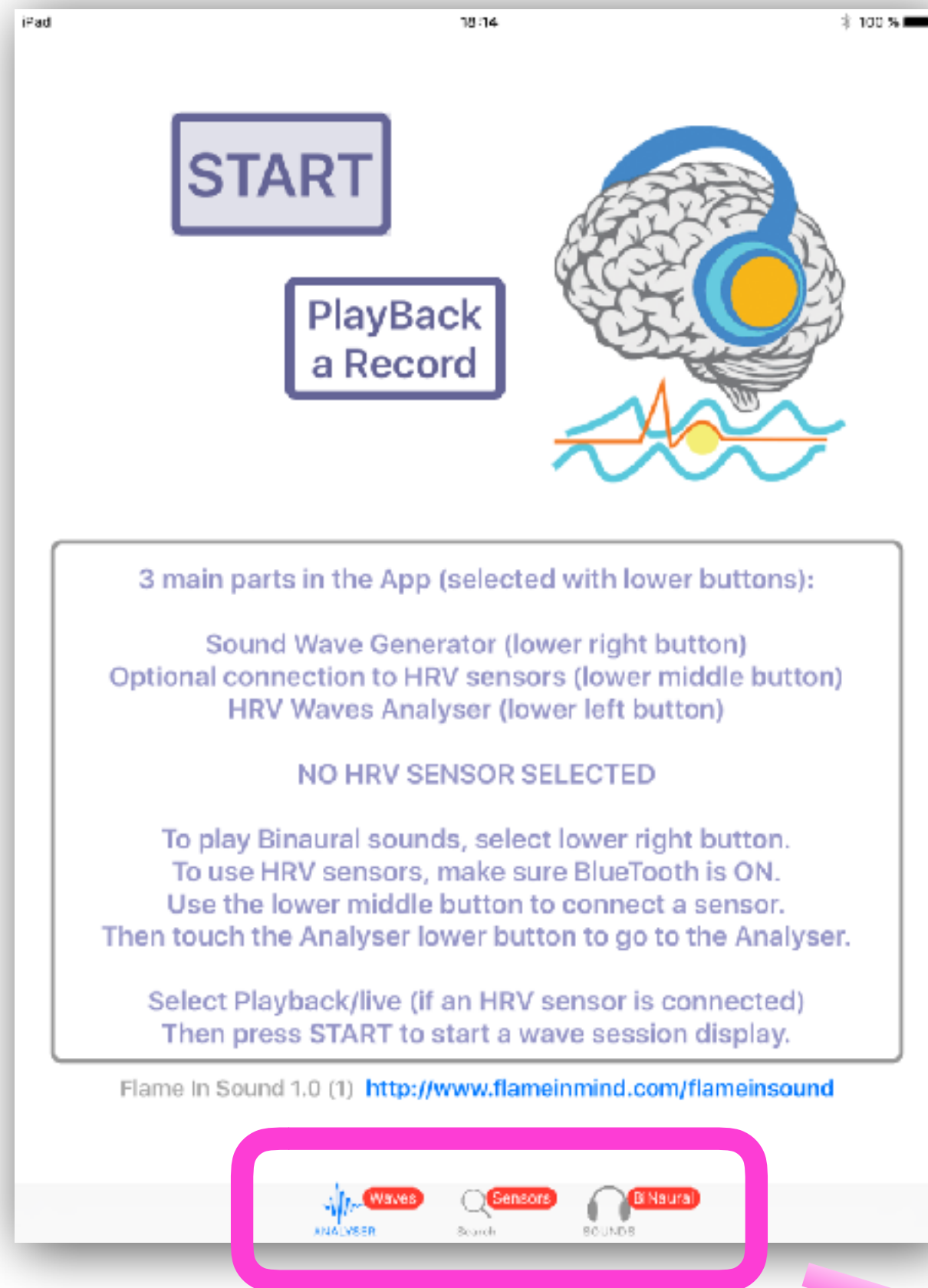




The first time you open the App,
you must type in your User Name.

This user name will be used by default when you
are making recording of live sessions.

Each time you will record a live session, the App
will ask you if you want to use this user name as
file name or replace it by another name.

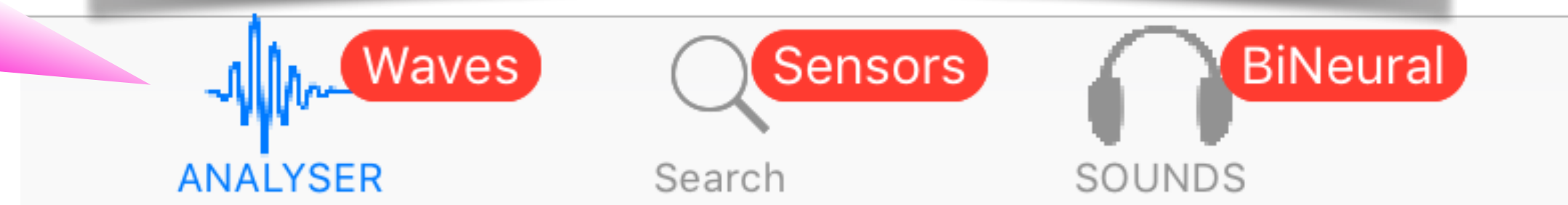


3 main parts in the App:

They can be used separately or played together

- Binaural Sound Generator
can be used with/without HRV sensors & Waves Analyser
- Heart Waves Analyser
can be played with/without HRV sensors and/or Sound Generator
(Heart HRV Live or PlayBack sessions)
- Connection with Sensors
To play (and recording) a live session with HRV sensors

Touch the lower buttons to select :



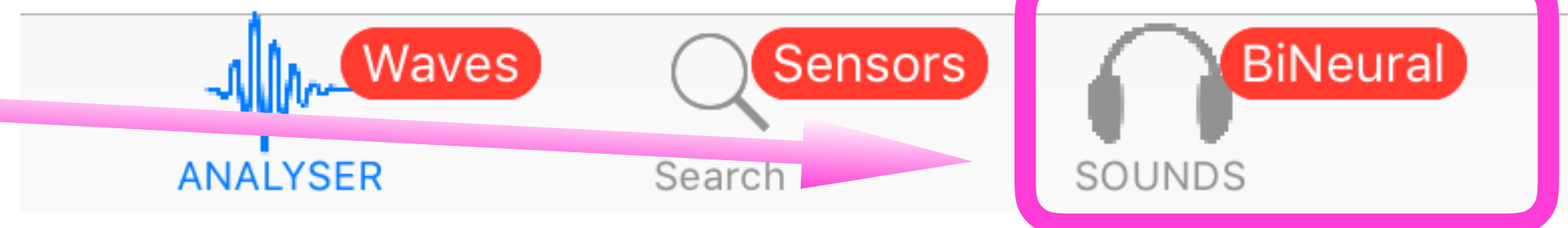
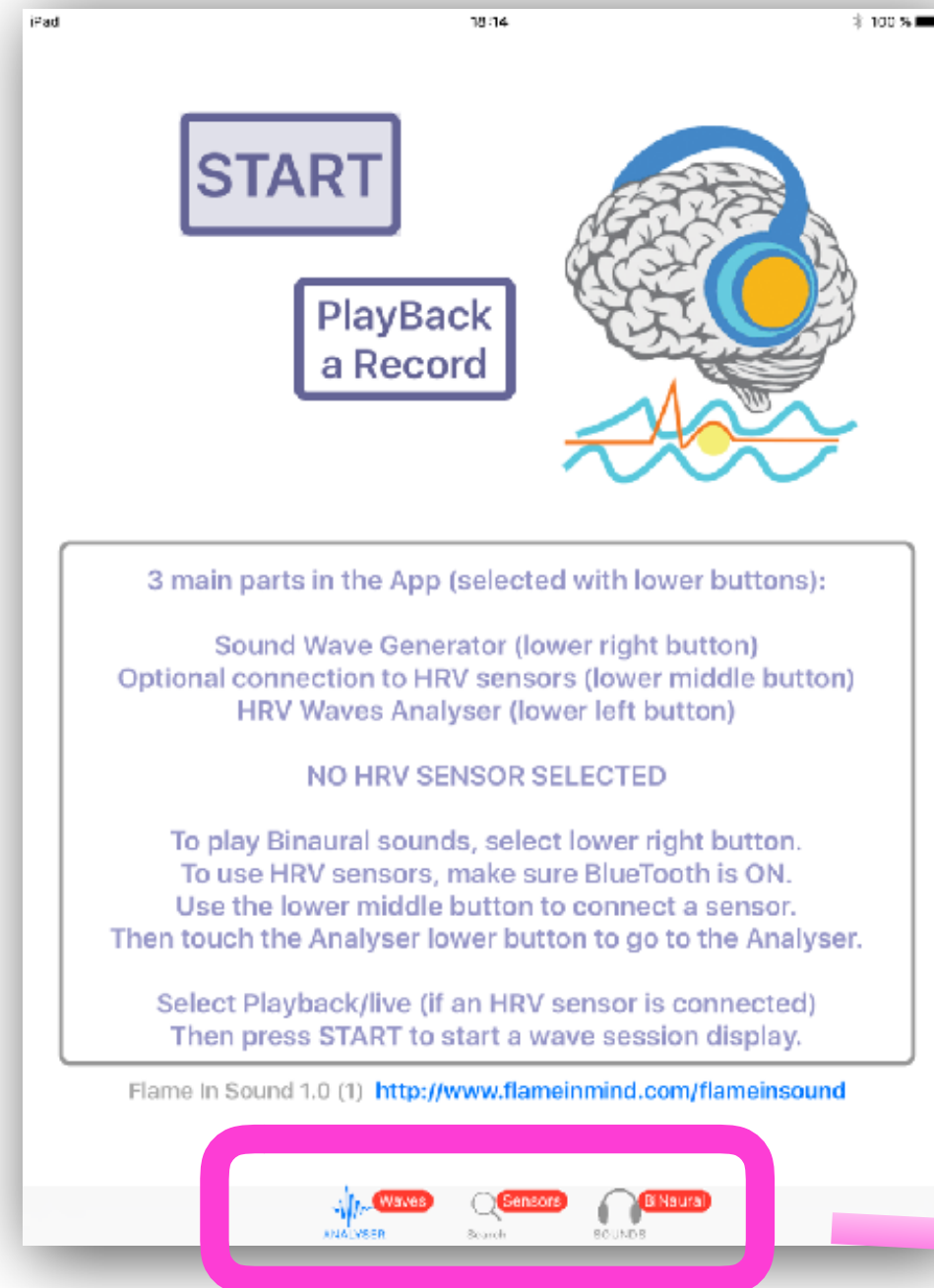
To Play Binaural Sounds

Select a preset sound wave,
then press PLAY
(more... in the Sound manual)

To see the influence of Binaural Sounds
on your heart parameters,
you can connect an HRV sensor
and display the waves in the analyser



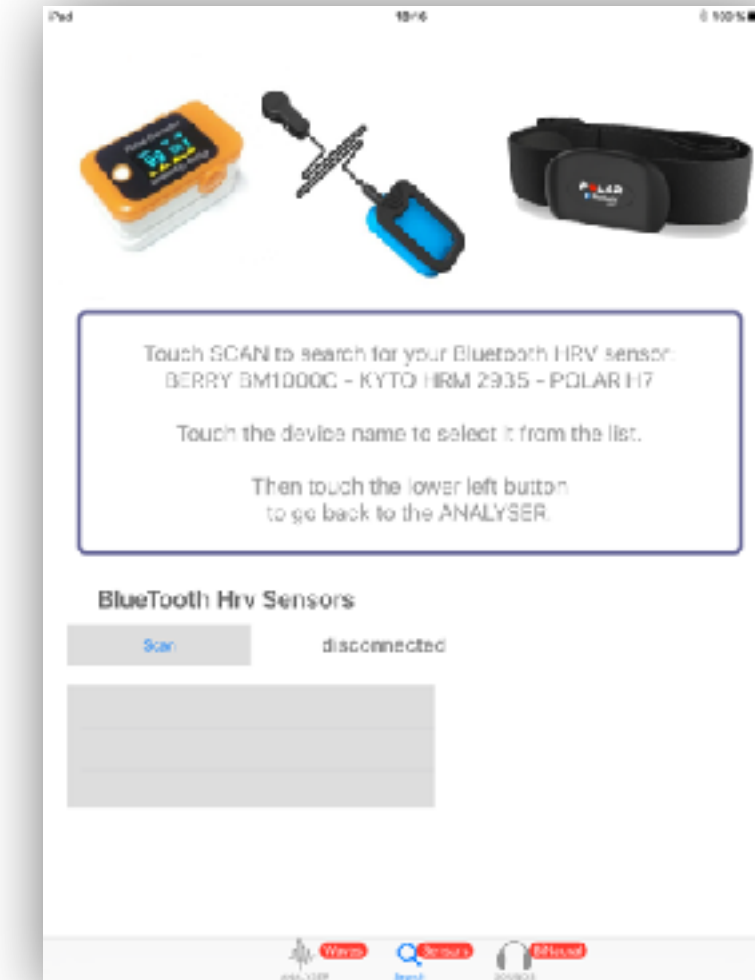
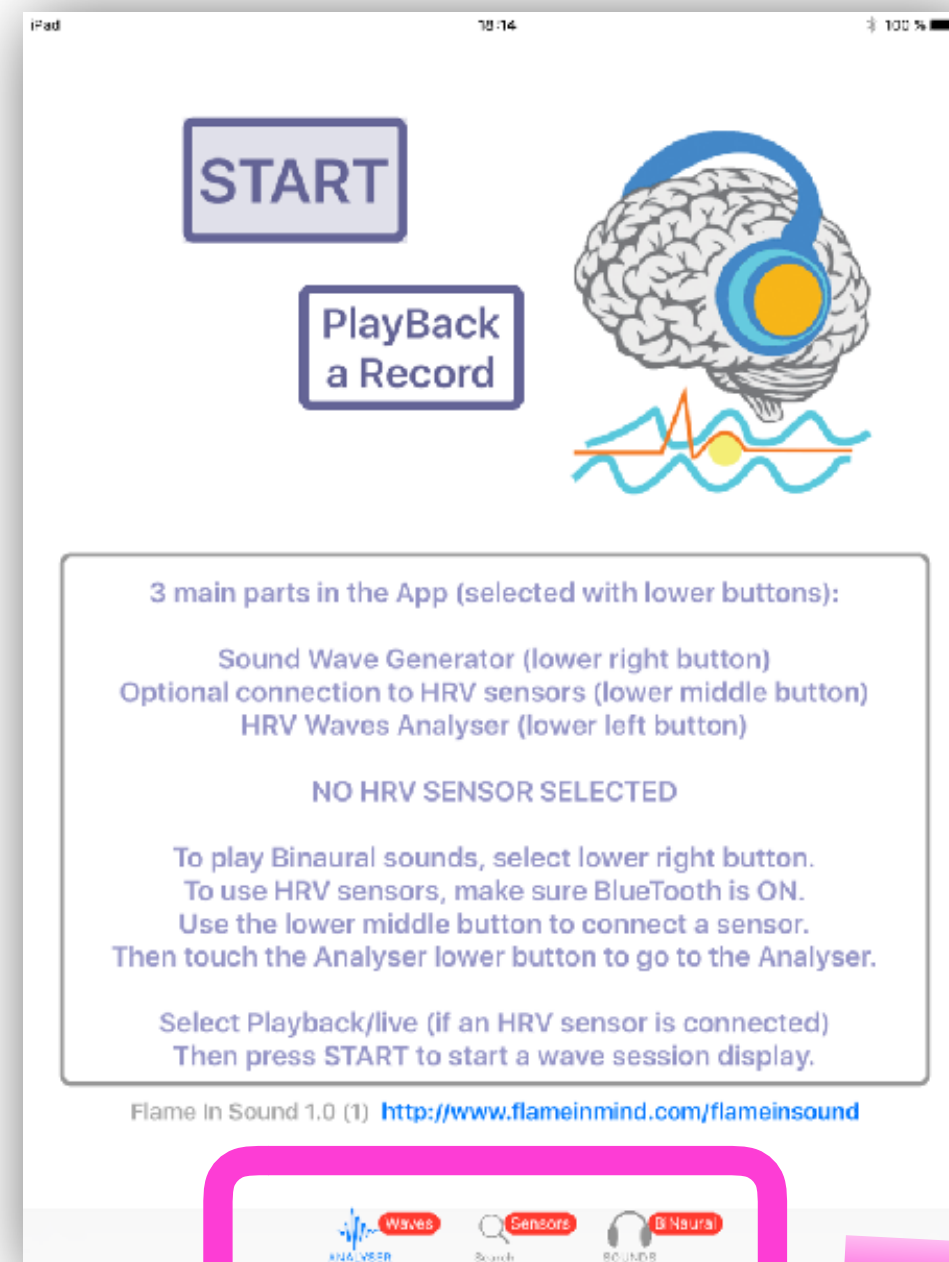
Touch the lower right button



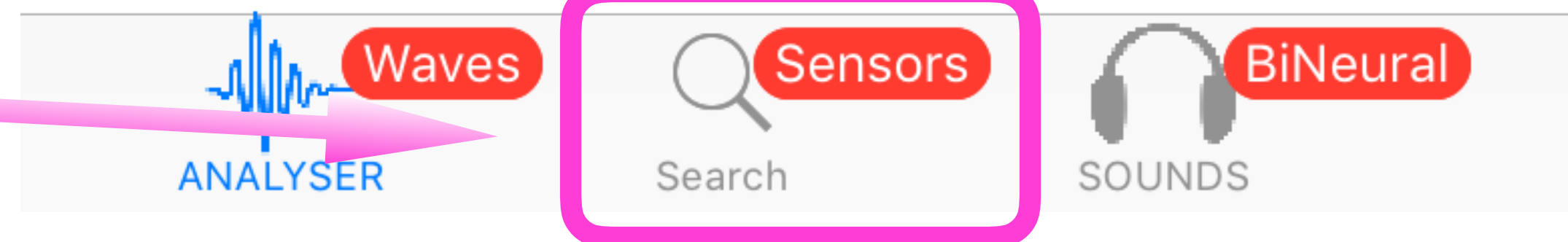
To connect an HRV sensor

3 HRV/PPG sensors available:

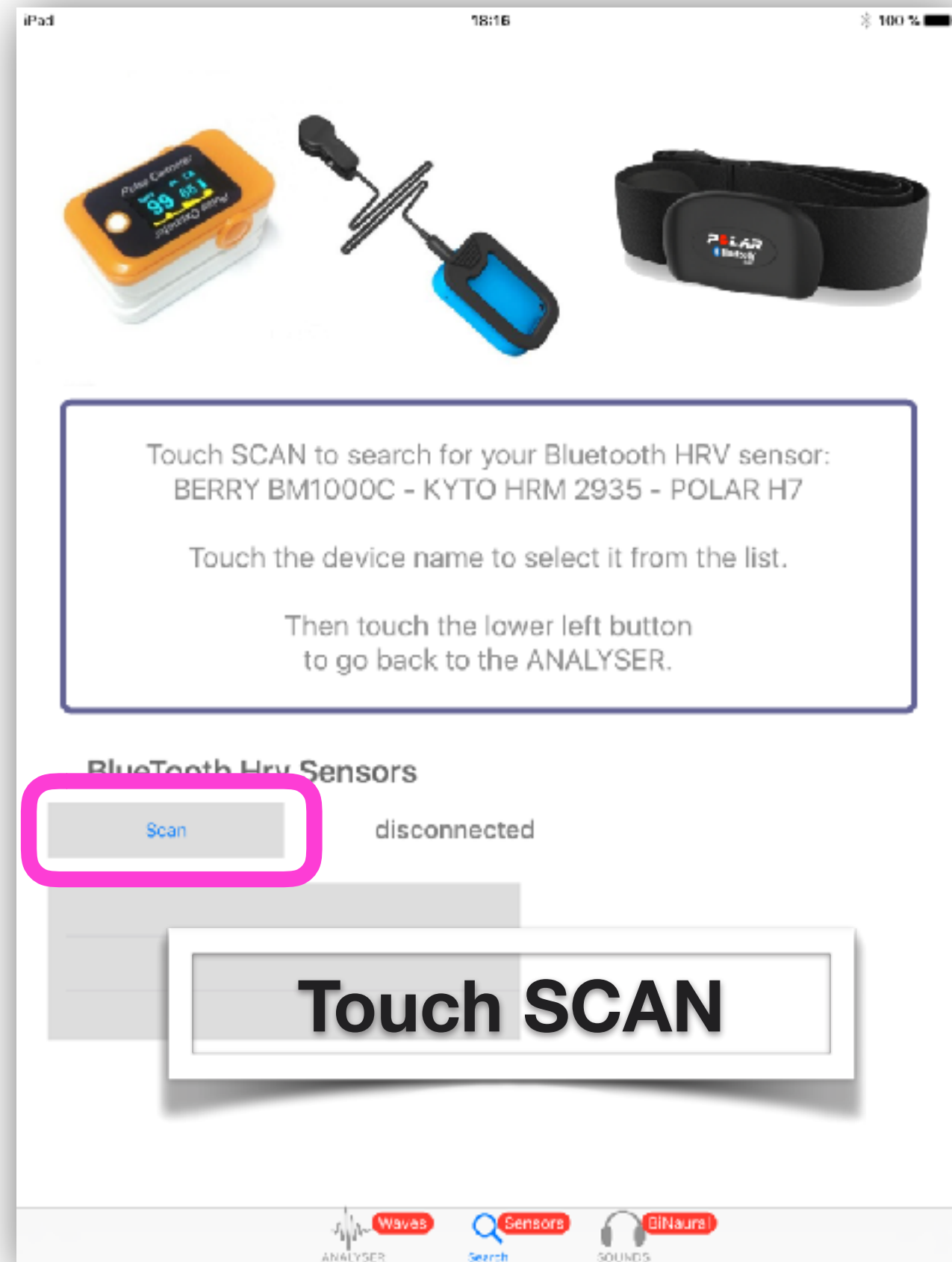
- Polar H7 like chest strap
(only HRV display)
- KYTO HRM 2935 earclip
(only HRV display)
- BERRY BM1000 finger sensor
(HRV & PPG (pressure wave) display)
Allows Cranio-Sacral wave display



Touch the lower middle button

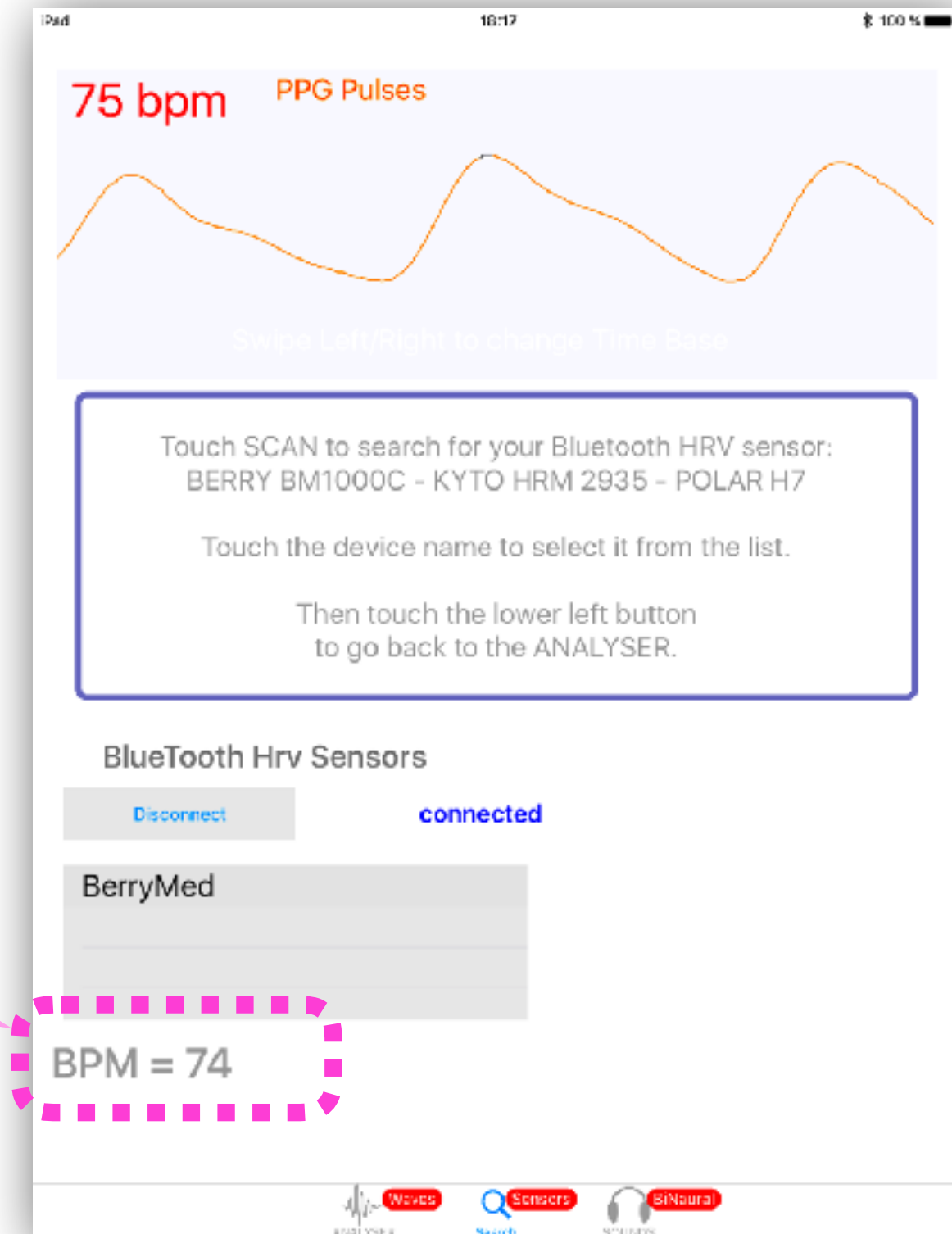


Connecting an HRV sensor



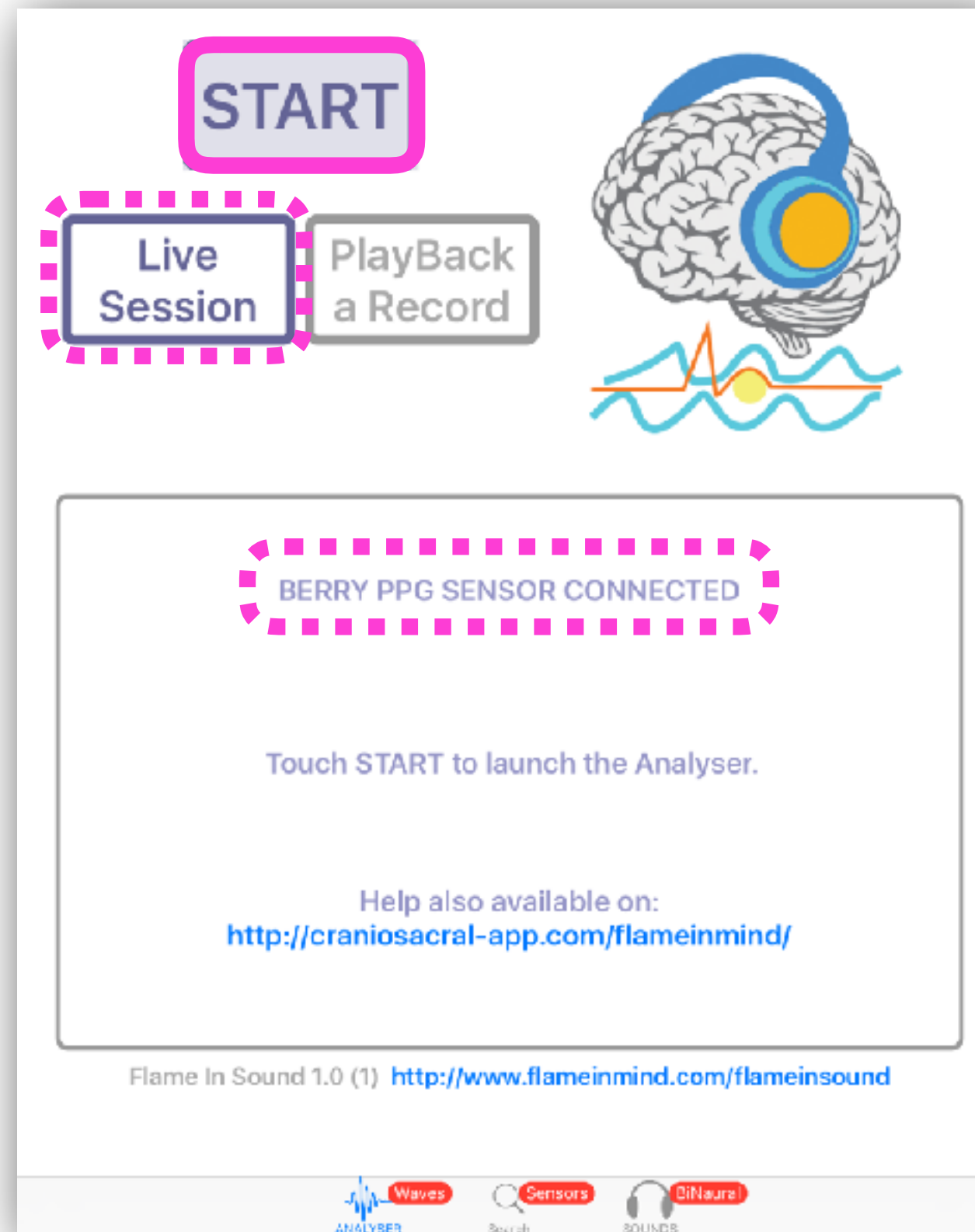
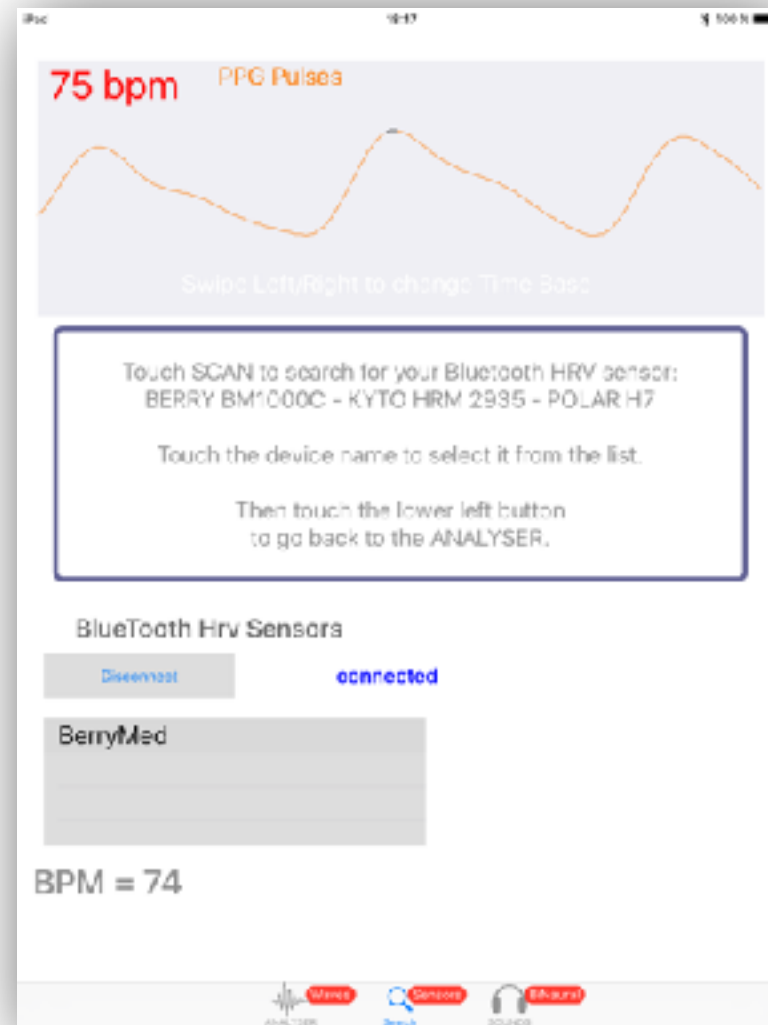
Once a sensor is connected,
Heart Rate (BPM) is displayed.

If you are using a BERRY sensor,
PPG blood pressure pulses
are displayed on the top part
of the screen.



When HRV sensor connected, select the Waves Analyser

Touch
lower left button



LIVE session button is displayed.

The sensor selected is displayed

Press START
to launch the waves analyser

